

LivingWorks START

(eLearning)

Overview

Did you know you are far more likely to come across someone having thoughts of suicide, than someone having a heart attack? With the right skills, you could save a life!

Aim

LivingWorks START is an ideal tool for workplaces and communities to learn how to recognise when someone is having thoughts of suicide and respond to keep them safe.

Learning Objectives

- Leading edge, skill-building content that goes beyond just awareness.
- Interactive simulations and scenarios.
- Customized content depending on learner needs.
- Build-in safety resources for trainees and others.
- Ongoing access to resources and skills practice.

Format

- 2-hour Self-paced eLearning.

Resources

Printed workbook and wellbeing Journal, and relevant handouts.



To Register and view our other open workshops

CLICK HERE

Or enquire about exclusive training for your workplace:

E: lifeline.training@ucommunity.org.au

